

JEC: Menu – September 2020

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Aug. 31 st	Sept. 1 st	2	3	4
Meatballs Marinara Plain pasta Peas	Pizza Steamed Carrots Fruit	Roasted BBQ Chicken Barley Mixed Veggies	Mac n Cheese Steamed Broccoli Fruit	NO SCHOOL
7	8	9	10	11
NO SCHOOL	Pizza Steamed Carrots Fruit	Breaded Chicken Cutlet Plain Pasta Peas	Baked Ziti Steamed Broccoli Fruit	Bagels Cream Cheese Tuna Egg Salad Sliced Cucumber
14	15	16	17	18
Southern Breaded Steak Mashed Potatoes Corn	Pizza Steamed Carrots Fruit	Teriyaki Chicken Lo Mein Green Beans	Penne Vodka Steamed Broccoli Fruit	NO SCHOOL
21	22	23	24	25
Chili & Tacos Spanish Rice Corn	Pizza Steamed Carrots Fruit	Turkey Mashed Sweet Potatoes Peas	Mac n Cheese Steamed Broccoli Fruit	Bagels Cream Cheese Tuna Egg Salad Sliced Cucumber
28	29	Oct. 1 st	2	3
NO SCHOOL	Pizza Steamed Carrots Fruit	Chicken Marsala Couscous Roasted Veggies	Baked Ziti Steamed Broccoli Fruit	Bagels Cream Cheese Tuna Egg Salad Sliced Cucumber