

JEC Lunch 2023-2024

March 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 Bagels Cream Cheese, Butter Tuna, Egg Salad	2
3	4 Beef Tacos without beans in beef Mexican Rice	5 Pizza Steamed Broccoli	6 Deli Sandwiches Potato Chips Cucumber Salad Fruit	7 Penne Vodka Plain pasta Steamed Broccoli	8 French Toast Pancakes Syrup Israeli Salad Fruit	9
10	11 Meatballs Marinara Rotelli Green Beans	12 Pizza Steamed Broccoli	13 Chicken Patty Spanish Rice Mixed Vegetables Fruit	14 Mac n Cheese Plain Pasta Baby Carrots	15 Bagels Cream Cheese, Butter Tuna, Egg Salad	16
17	18 Chicken Lo Mein Fried Rice Vegetable	19 Pizza Steamed Broccoli	20 Hamburger Bun Roasted Potatoes Carrots	21 Baked Ziti Plain pasta Green Beans	22 French Toast Pancakes Syrup Israeli Salad Fruit	23
24 O M E L E	25 Chicken Nuggets Barley Mixed Vegetables	26 Pizza Steamed Broccoli	27 Meat Sauce Bun Potatoes Peas & Carrots	28 Penne Vodka Plain pasta Steamed Broccoli	29 Bagels Cream Cheese, Butter Tuna, Egg Salad	30